



# National NAWAGJ News

Volume 18 No. 2

News for Artistic Gymnastic Judges

August 1997

## In this issue . . .

Photo Challenge  
2

SJD Notice  
2

New J.O. Material  
3

1998 National Cup  
3

No. California Web Site  
4

From the President:  
A New Rule  
5

Symposium in Pictures  
6-7

Optional Bar  
Notes & Chart  
8-9

Send a Team to  
National Judges Cup  
10

Correction to Optional  
Reference Cards  
10

Uniform Order form  
11

Fee Schedule  
12

Steps to Becoming  
A Judge  
14-15

## Renè Niccollai retires, new symposium director needed

Renè Niccollai's retirement as the National Symposium Director was announced at the NAWGJ National Symposium in Miami Beach, Florida. She has served as the symposium director for the 1993 symposium in Orlando and the 1997 symposium in Miami Beach. During the opening ceremony, Rene was surprised with a lovely flower arrangement and at the formal luncheon, NAWGJ President Yvonne Hodge presented her with a gold dolphin bracelet to show our appreciation of her hard work organizing two excellent symposiums. Rene will be devoting her time to JCI.

Therefore, we are looking for a new national symposium director. Applications are to be submitted by September 30, and the new symposium director will be appointed at the January 1998 Governing Board Meeting.

### Eligibility

In order to be eligible for consideration, applicants must be at least 21 years of age and in good standing with their state NAWGJ association.

Applicants must be certified as a Level 10 or higher judge and have experience in organizing large seminars.

Continued on page 5

## National symposium in Miami had it all

What more could you want from a national judging symposium than excellent clinicians, gymnast demonstrations of what we are to look for in the new compulsory routines, explanations of the new optional rules, practice judging with the new optional rules, Level 10 recertification, Elite course review and of course, our first opportunity to test. How about sun, sand, shells and water? There was plenty of that but not too much time to enjoy it.

Hope you were able to be there. It was a great learning experience with sessions from 8:30 A.M. to 9:30 P.M..

Look inside this issue for a peek at the symposium in pictures.



President Yvonne Hodge



# Attention all SJDs and national governing board members

By Judy Dobransky

The practice judging film that was distributed to all State Judging Directors and national governing board members at the national symposium was mailed directly from the video transfer company. Apparently there was an error that was unchecked due to the direct mailing. If you are missing the Level 10 routines—replaced with a repetition of Level 8 routines, please send the film to Judy Dobransky. The Level 10 routines will be added to your film. I am very sorry for this error.

Anyone who **purchased** the film should have a complete copy, including Levels 8, 9, and 10.

State Judging Directors who did not receive last year's collegiate video should have received a copy by August 1, if you signed up at the national symposium.

*NAWGJ News* is published by the National Association of Women's Gymnastic Judges

## Governing Board

Yvonne Hodge, President

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Vice President

Judy Dobransky  
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Judy Hoeferlin  
Newsletter Editor

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Administrative Assistant

Symposium Director

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Region II  
Eugenia McElroy

Region VI  
Pat Panichas

Region III  
Mary Lee Martin

Region VII  
Amy Rager

Region IV  
Robin Ruegg

Region VIII  
Evelyn Chandler

# What is our president doing?

Submit a winning caption for this photo and you will receive an educational prize from the NAWGJ library. Mail your original caption to NAWGJ Caption, 8660 New Carlisle Rd., New Carlisle, OH 45344 or FAX to 937-846-1179 by September 30. One entry per person. Winning captions will be printed in the next newsletter



## Oops!

Apologies go out to Joan Geel for the omission of her name from the NAWGJ Governing Board In the NAWGJ National Symposium Program booklet. Joan is the Co-regional Judging Director for Region I.

## Teamwork

always makes the job

a little smaller.



New for J.O. 1997 - 2000

Be prepared - Order your judging and study aids now

NAWGJ LIBRARY ORDER BLANK....1997		
		P&H
1. JAT COMPUTER PROGRAM...FIG...ELITE RULES	\$20	\$2.50/UNIT
2. JAT COMPUTER PROGRAM...JUNIOR OLYMPIC VERSION	\$20	
3. JAT LEVEL 9	\$20	
4. JAT LEVEL 8	\$20	
5. JAT COMPULSORY EXERCISES	\$20	
<b>NEW PACKAGE PRICE</b>	<b>\$90</b>	<b>\$5.00</b>
6. "ELEMENTAIRE" FIG	\$27.50	\$2.50/UNIT
7. "ELEMENTAIRE" JUNIOR OLYMPIC VERSION	\$27.50	
These are 3 1/2 disks for PC users..no MAC at this time....		
8. "Excel"erated Code FIG	\$5.00	\$1.50
9. "Excel"erated Code JO version	\$5.00	\$1.50
10. HIP POCKET INDEX (LARGE TYPE...\$10.00)	\$5.00	\$1.50
11. CORI CARDS	\$6.00	\$1.50
12. FLASH CARD LABEL FIG/JO	\$20	\$3.00
You can purchase the hard copy and make your own label for \$10 + \$3.00		
13. STUDY PACKET..FIG/JO	\$10	\$3.00
14. FLORIDA OPTIONAL BOOK JUNIOR OLYMPIC ( FIG VERSION \$5.00)	\$10	\$3.00
15. COMPULSORY CARDS courtesy..D. Kornegay ALUSGA	\$5.00	\$2.50
16. COMPULSORY SCORE SHEET BOOKS	\$10	\$2.00
17. MINI START VALUE CARDS	\$6.00	\$1.00
18. COMPULSORY FLASH CARDS	\$15.00	\$2.50
<b>VIDEOS FOR JUDGES</b>		
A "SERIES OF SERIES"	\$10	\$3.00/UNIT
COLLEGIATE GYMNASTICS (Graduate gymnasts)	\$15	
PRACTICE JUDGING 8,9,10 1997	\$15	
CHOREOGRAPHY Shirley Tranquill/Linda Johnson	\$20	
<b>SEND ORDERS TO: NAWGJ EDUCATIONAL LIBRARY</b>		
<b>JUDY DOBRANSKY, 3446 GORDON DRIVE STERLING HEIGHTS, MICH 48310</b>		
<b>PHONE: 810 795 - 5346 FAX: 810 795 5204 NO CREDIT CARDS</b>		
NAME _____		
ADDRESS: _____		
PHONE: _____		
FAX: _____ E-mail _____		

# New symposium director needed

Continued from page 1

## Duties

- Select the site of the national judges symposium with the approval of the national governing board.
- Assume the organizational responsibilities of the NAWGJ National Judges Symposium.
- Be responsible to the president, vice president and/or the national governing board.
- Contract the hotel and said services for the symposium.
- Work with the program committee (chaired by the vice president) and contract clinicians.
- Establish a separate bank account in the name of NAWGJ, with her/his own name, and that of the national treasurer and president as the trustees.
- Work with the secretary-treasurer on aspect of finances and submit a finalized financial report at the conclusion of said symposium and present this report to the national governing board at their next scheduled meeting.
- Communicate with and oversee the on site coordinators.
- For a detailed job description, please refer to the National Symposium Guide.
- Failure to attend two consecutive national governing board meetings upon request shall constitute an automatic suspension. A proxy will not fulfill the attendance requirement. A proxy may be sent and must be approved by the President.
- Failure to comply with the responsibilities of this office could result in removal from office after review by the National Governing Board.

## Application Procedures

- Interested applicants should send a resume of experience, including the following information.
- Name, address, phone number
- Judges ratings
- NAWGJ background (offices held and volunteer service, years of service)
- Any information that will be helpful in selecting the symposium director.

## Mailing Instructions

All resumes must be postmarked by September 30, 1997. Applications postmarked after that date will not be accepted. Mail to:

Carole Ide  
NAWGJ Administrative Assistant  
1630 Franklynn Drive  
Furlong, PA 18925

## From the President: A New Policy

Many of you are busy studying and testing—preparing yourselves to judge this season with new compulsory routines and optional rules.

When you hear from your State Judging Director prior to January 1, 1998, she/he will request from you all your professional credentials. Below you will find a sample form to use as a guide for sending your State Judging Director a *photocopy* of your judging cards. This must be received by your SJD before you can be assigned.

It was discovered in several areas that judges were officiating with no rating card or with the wrong USAG professional numbers. This situation could cost a club a sanction, so we are asking you to report all your credentials before you begin judging. Your SJD will contact you in the near future.

Thanks, and good luck with all your testing efforts.

Sincerely,

*Yvonne*  
Yvonne

### NAWGJ RESUME

NAME _____	DATE _____
ADDRESS _____	PHONE (H) _____
_____ city _____ zip _____	(W) _____
	FAX _____
NAWGJ Membership Card	JCI Rating Card
	
USAG Membership Card	Safety Certification Card
	
Active Status Card	
	





*Participants are trying hard to absorb all the new rules and execution requirements*



*This is a working bar session trying to find that hollow body position.*



*The 'Nettie' Award Committee in their Florida apparel.*



*Tom Koll explaining 'straight.'*



*Carol Arnaut, Ohio SJD, and Judy Kemp, Indiana SJD, discussing state issues*



*Tim Rand answering bar questions.  
Did he trip?*



*The formal luncheon - Wow*



*Region V judges enjoying the sun and sea*



*Yvonne Hodge, President, presenting  
Rene Niccollai, Symposium Director,  
with a gift of thanks from NAWGJ*



*Cheryl Hamilton and Audrey Schweyer  
Are they smiling because their work is done, for now?*

# Optional Bar Reminders for 1997 – 2000

This material is from notes taken during Linda Chencinski's Optional Bar Session and the Level 10 Recertification Session on Bars presented by Marian Dykes and Cheryl Hamilton.

- ❖ There is no Special Requirement for ten elements and a full (360°) turn fulfills the LA turn Special Requirement.
  - ❖ Hop in handstand counts as flight for Special Requirement and Bonus in J.O. Program.
  - ❖ For turns in handstand, the Code and J.O. Supplement no longer contain handstand skills with turns after, i.e., Giant with 1/2 turn after, Cast to handstand with 1/2 turn after.
  - ❖ Turns after handstand are part of handstand that preceded the turn.
  - ❖ Watch how gymnast begins turn in handstand. If she leads with her back, she will usually end in an L or mixed L grip. Heals lead with back and Front Giant Full leads with belly.
  - ❖ To determine insufficient amplitude deductions for a Cast to Handstand, look for a line from hands through feet. See chart also on page 9 of this newsletter. Use this as a guideline for flight to handstand on LB.
- Example: Cast to Handstand within 10° of vertical = B with no deduction; within 11° - 20° = up to .1; below 20° = no value part and take deductions for body posture faults in addition to amplitude deductions. If casts have insufficient amplitude throughout the routine, take up to .2 for insufficient amplitude of casts for entire exercise.
- ❖ Appendix 1 in FIG Code and page 9 have a chart for turns during handstand pirouettes.
  - ❖ Turns after handstand to mixed L grip or L grip performed in downswing phase that end with backside of body leading have no specific degree deductions. Deduct for general amplitude (up to .20) and for body position faults.
  - ❖ If after a 1/1 or 1 1/2 turn ending in a mixed L, L grip or reverse grip, the gymnast swings backward and does a hop grip change before swinging forward to do next element a .1 composition deduction is taken and it breaks the connection.
  - ❖ If a Level 10 gymnast uses an element that pushes off from the feet a second time (i.e., squat on), the deduction is .05.
  - ❖ There is a 'C' and a 'D' Pac Salto in the Code. The 'D' Pac Salto is higher with hips high in clear front support. Gymnast can do another skill out of it instead of just dropping hips.

ELEMENT VALUES FOR THE JR. OLYMPIC PROGRAM THAT DIFFER FROM FIG

UNEVEN BARS		Element	Value for JO Competition
		<b>MOUNTS</b>	
1.104		Glide stoop through, cut catch same bar	B
		<b>CASTS AND COUNTERSWINGS</b>	
2.201		Cast Handstand, hop to reverse grip in Handstand	C
2.203		Turning uprise	C
2.303		Uprise to Handstand, also with 1/4 turn in Handstand	D
		<b>UNDERSWINGS AND CLEAR HIPPS</b>	
3.209		Rear support on HB, (inverted pike swing) dislocate w/ flight over LB	C
		<b>GIANT SWINGS BACKWARDS</b>	
4.204		Backward giant w/ 1/4 turn in Handstand	C
4.204		Backward giant w/ 1/2 turn, 1/4 turn (different directions)	C
4.204		Backward giant w/ 1/2 turn and 1/4 turn (different directions)	C
4.304		Backward giant w/ 1/1 turn in Handstand, also with hop on first 1/4 turn (turns in same direction)	D
4.403		Backward giant w/ hop 1/1 turn	E
4.307		H5 on HB, long swing (bail) 1/2 turn to hang on LB (1/4 turn Overhoot)	C
		<b>GIANT SWINGS/CIRCLES FORWARD</b>	
5.202		Front Giant w/ legs straddled or hips piked in upswing	C
5.302		Front Giant with regular grip (slip grip) (Galloway)	D
5.304		H5 on HB, Swing down full, back facing LB, straddle back to H5 on LB	D
5.403		Jaeger Salto piked	E
		<b>CIRCLE SWINGS AND HECHTS</b>	
7.107		Front seat circle with straddle cut to hang on same bar	B
		<b>BAR DISMOUNTS</b>	
8.201		Underwing, front salto tucked or piked (toe on front off)	C
8.403		Flyaway double salto backward stretched	E
8.406		Flyaway, double salto backward tucked with 1/1 twist on first or second salto	E
8.202		Underwing 1/2 turn to salto backward tucked or piked (Comaneci)	C
8.203		Flyaway with double salto backward tucked	C
8.408		From H5, Swing down forward to Double salto forward tucked	E
*8.303		Flyaway, double salto backward in layout/pike or pike/layout	D
8.109		Clear hip hecht dismount	I

\* Any double salto flyaway with twist on first or second salto = E

\* new code does not recognize this as a separate element. If there is a pike in any one salto, it is considered a piked double flyaway.

## Junior Olympics - USA

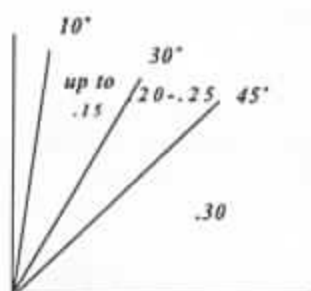
### Required Technique for Recognition of Value Parts

The A-, B-, C-, D- or E- parts require a specific technical execution.

### UNEVEN BARS

Amplitude of Body at Turn Completion\*

#### During Handstand Pirouettes and Hop Grip Changes



Turns (180°, 360°, 540°) in handstand phase†  
(to regular grip, under grip, mixed grip)

> 10° - 30° deduct up to 0.15 P.

> 30° - 45° deduct 0.20 - 0.25 P.  
(0.20 P. = No BP)

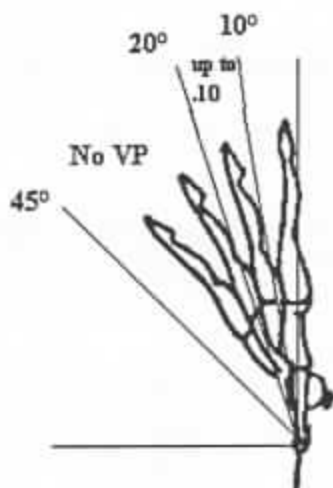
> 45° deduct .30

† completed in handstand phase = within 10° either side of vertical

Turns (180°, 360°, 540°) after handstand phase (to mixed L grip or L grip) performed in downswing phase ending with backside of body leading.

Deduct general amplitude (up to 0.20) and body posture faults. \*

Amplitude of Body\*



During Casts and Flights to Handstand on LB

> 10° - 20° deduct up to 0.10

> 20° No Value Part Credit or  
recognize as a different Value Part

Ex: Cast to handstand less than 20°  
No VP credit  
Counter swing to LB less than 20°  
Award B- value part

\* Note: Deductions for body posture faults (form breaks) in body-torso, arms-elbows, legs-knees must be taken in addition to penalties assessed for amplitude.



# How to send a team to the NAWGJ National Judges' Cup

By Betty Roberts, Oklahoma SJD

After attending the 1996 Judges' Cup in California, I came home determined to find a way to have a team at the 1997 meet. We did it. You too can have a team at the NAWGJ National Judges Cup next season.

At our Level IV State Meet, we had a raffle and asked each coach and judge to donate a gift to be raffled off. We received an autographed football from a big eight team, a handmade fold up table, two Olympic Cabbage Patch dolls, stuffed animals, numerous leotards, tee shirts and gym bags. Lee's Leo had a booth at the meet and donated a leotard each session. We had four sessions and raised \$1,200. This was about half of what we would need.

We decided since the money was raised at the Level IV State Meet we would choose a Level 5 team of new Level V gymnasts from our Zoo meet in October. This meet is our annual fund raiser and we host one in the Tulsa area and one in the Oklahoma City area. A decision was made to take three gymnasts from each meet and the top gymnast's coach.

We usually charge \$15 per gymnast for this meet but

we agreed to increase the fee to \$25 and give each gymnast a shirt. The profit from the extra fee was added to our fund to send the team to the NAWGJ National Judges' Cup. The shirts cost about five dollars each so the additional fee for 260 gymnasts gave us another \$1,200. This provided us with \$2,400 for our team.

One of the parents works for an airline and helped us find a good deal on tickets. We paid the entry fee for each girl, the team fee, hotel, and plane tickets. We also rented two cars for two days from the fund. We had a team at the National Judge's Cup and paid for all six girls, two coaches and one judge. The team won their session and came home with 24 other placement awards.

If we want our NAWGJ National Judges' Cup to be a big success, we need to have every state send a team. We all have a judge's fund raiser. Combine it with sending your team to the national judges's cup. We only have about 30 judges in our state and we did it. I know all the rest of you can do it. Sending our team has been great for our whole state. Everyone is ready to do it again next year.

## Attention Judges Who Purchased the 1997-2000 Junior Olympic Optional Reference Cards

By Cindy McLane Florida State Judging Director

If you purchased these reference cards prior to August 1, 1997, please note the following errors:

### Vault, Bars, Beam & Floor

Presentation of .1 is taken by the chief judge, not the panel judge

### Bars

Correct the value of Adler 1/1 turn—"D"

### Beam

Correct the value of tuck jump with one leg extended 1/2 turn off both feet—"D" value for JO and FIG

### Floor

Floor exercise time is 1:10 - 1:30... Level 7 is 1:00 - 1:30

### Bars Beam & Floor

Exercise Requirements box has some incorrect values. Use the following chart to make corrections.

	Elite/Fig	Level 10	Level 9	Level 8
A. Value Parts	3.00	3.00	2.80	2.40
B. Special Requirements	1.40	1.40*	1.40*	1.40*
C. Combination	0.60	0.60	0.60	0.60
D. Execution	4.40	4.60	4.80	5.20
E. Bonus Points	<u>1.00</u>	<u>0.50</u>	<u>0.30</u>	<u>0.00</u>
	10.00	10.00	10.00	10.00

\*On bars, the number of special Requirements differ at each level, ranging from 4 to 6 requirements and therefore do not total 1.40. The remaining points are added to the execution category on that event.

# NAWGJ Navy Uniform Order Form

NAWGJ judges may order uniforms from Midway Uniforms, Inc., 1625 University Avenue, St. Paul, Minnesota 55104, Phone: 612-644-1773, FAX 612-644-2439. Send your name, address, check or credit card information with order.

Style No.	Description	Size	Price	Total
ED 6687	2 Button Ladies Coat (fitted; size 2-28)	_____	\$105.00	_____
H 9500 sandy	1 Button Ladies Coat (fitted; size 4-24)	_____	\$105.00	_____
Ed 9687	Ladies Modified "A" Skirt (size 2-28)	_____	50.00	_____
H 9500 tina	Ladies Straight Skirt (size 4-24)	_____	50.00	_____
ED 8687	Ladies Pleated Pant (size 2-28)	_____	50.00	_____
ED 8787	Ladies Plain Pant (size 2-28)	_____	50.00	_____
ED 3687	Men's Coat (size 38-48)	_____	120.00	_____
ED 2787	Men's Plain Pant (size 26-48)	_____	50.00	_____
ED 2687	Men's Pleated Pant (size 26-48)	_____	50.00	_____
NAWGJ surcharge (\$2.50 per item)			2.50 each	_____
Elastic added to waist band		Yes      No	No charge	_____
Shipping Charges:			Subtotal	_____
Up to \$100	\$3.50		If COD (5.00)*	_____
\$100.01 to \$200	\$5.00		Shipping	_____
\$200.01 to \$350	\$6.50			_____
\$350.01 to \$400	\$8.00		Total	_____
\$500.01 to \$1,000	\$12.00			_____
\$1,000.01 or more	\$18.00			_____

\*COD orders must include 25% deposit

## Women's Size Guidelines

### Bust

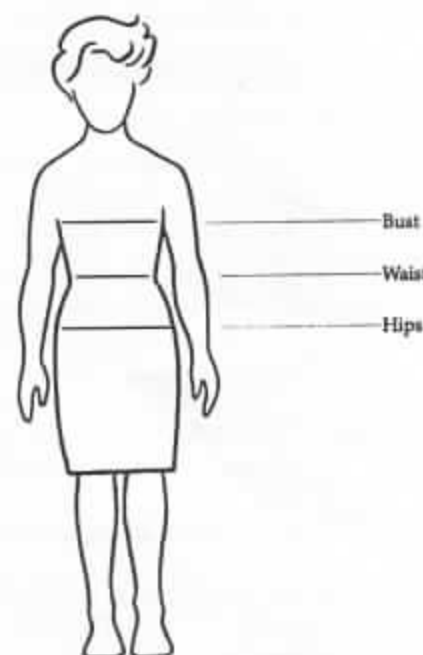
Measure at the fullest point of the bust and across shoulder blades holding tape firm and level.

### Waist

Measure over skirt around your waist, where you normally wear slacks or skirts. Hold tape firmly, but not tight.

### Hips/Seat

Measure around fullest part of hips 9" below waist. Hold tape firmly, but not tight.



## H 9500 Sandy One Button Coat & H 9500 Tina Straight Skirt

Sizes	4	6	8	10	12	14	16	18	20	22	24
Bust	33½	34½	35½	36½	38	39½	41	43	44½	46	47½
Waist	24	25	26	27	28½	30	31½	33½	35½	37½	38½
Hips	35½	36½	37½	38½	40	41½	43	45	47	49	51

## ED 6676 Two Button Coat & ED 9687 Modified "A" Skirt

Sizes	2	4	6	8	10	12	14	16	18	20	22	24	26	28
Bust	31	32	33	34	35½	37	38½	40½	42½	44½	46½	48½	50½	52½
Waist	24	25	26	27	28½	30½	32½	34½	36½	38½	40½	43	45½	48
Hips	35	36	37	38	40	42	44	46	48	50	52	55	58	61

**NAWGJ-USA GYMNASTICS JUDGES' COMPENSATION PACKAGE  
FOR WOMEN'S ARTISTIC GYMNASTICS  
(Effective August 1, 1997)**

Rate	\$27	\$25	\$23	\$20	\$17	\$16	\$12
Hours	Brevet	Elite	10	9	5-6-7-8	7-8	5-6
2	\$54.00	\$50.00	\$46.00	\$40.00	\$34.00	\$32.00	\$24.00
2 ½	\$67.50	\$62.50	\$57.50	\$50.00	\$42.50	\$40.00	\$30.00
3	\$81.00	\$75.00	\$69.00	\$60.00	\$51.00	\$48.00	\$36.00
3 ½	\$94.50	\$87.50	\$80.50	\$70.00	\$59.50	\$56.00	\$42.00
4	\$108.00	\$100.00	\$92.00	\$80.00	\$68.00	\$64.00	\$48.00
4 ½	\$121.50	\$112.50	\$103.50	\$90.00	\$76.50	\$72.00	\$54.00
5	\$135.00	\$125.00	\$115.00	\$100.00	\$85.00	\$80.00	\$60.00
5 ½	\$148.50	\$137.50	\$126.50	\$110.00	\$93.50	\$88.00	\$66.00
6	\$162.00	\$150.00	\$138.00	\$120.00	\$102.00	\$96.00	\$72.00
6 ½	\$175.50	\$162.50	\$149.50	\$130.00	\$110.50	\$104.00	\$78.00
7	\$189.00	\$175.00	\$161.00	\$140.00	\$119.00	\$112.00	\$84.00
7 ½	\$202.50	\$187.50	\$172.50	\$150.00	\$127.50	\$120.00	\$90.00
8	\$216.00	\$200.00	\$184.00	\$160.00	\$136.00	\$128.00	\$96.00
8 ½	\$229.50	\$212.50	\$195.50	\$170.00	\$144.50	\$136.00	\$102.00
9	\$243.00	\$225.00	\$207.00	\$180.00	\$153.00	\$144.00	\$108.00
9 ½	\$256.50	\$237.50	\$218.50	\$190.00	\$161.50	\$152.00	\$114.00

Judging Time	Break Time
2 or less	0
3	1
4	1 ½
5	2
6	2 ½
7	3
8	3 ½
9	4

Per Diem	Local	Overnight
\$15	3 - 7 ½	\$15/Meal or
\$30	8 + Hrs.	Max. of \$35/Day
Mileage	\$ .31 (after the (See package for	IRS rate first 30 miles RT) carpools mileage.)

Meet Referee/Chief Judge Fee(J.O. only) State & above Championships: \$10/day  
All fees are based on a minimum of 2 hours (except for Regional Elite Meets) .

State Meets: Hourly Rate or as negotiated by the State Boards.

**J.O. Regional & East/West Championships:**

Rating	Daily(8hrs)	Half (4hrs)
Brevet	\$160	\$80
Elite	\$150	\$75
Level 10	\$140	\$70
Level 9	\$130	\$65
Level 8	\$120	\$60

*Time over eight hours will be compensated at the regular hourly rate.*

**J.O. National Championships**

Daily (8hrs)	Half (4hrs)
\$150.00	\$75.00

**Regional Elite Meets - Hourly Fee - Minimum 3 hrs per day.**



Chart for mileage calculation - USA Gymnastics										
\$0.31 per mile after first 30 miles - effective January 1996										
This table uses actual total miles. Do not subtract 30 from round trip mileage.										
# Miles	\$ Amt		# Miles	\$ Amt		# Miles	\$ Amt		# Miles	\$ Amt
31	\$0.31		48	\$5.58		65	\$10.85		82	\$16.12
32	\$0.62		49	\$5.89		66	\$11.16		83	\$16.43
33	\$0.93		50	\$6.20		67	\$11.47		84	\$16.74
34	\$1.24		51	\$6.51		68	\$11.78		85	\$17.05
35	\$1.55		52	\$6.82		69	\$12.09		86	\$17.36
36	\$1.86		53	\$7.13		70	\$12.40		87	\$17.67
37	\$2.17		54	\$7.44		71	\$12.71		88	\$17.98
38	\$2.48		55	\$7.75		72	\$13.02		89	\$18.29
39	\$2.79		56	\$8.06		73	\$13.33		90	\$18.60
40	\$3.10		57	\$8.37		74	\$13.64		91	\$18.91
41	\$3.41		58	\$8.68		75	\$13.95		92	\$19.22
42	\$3.72		59	\$8.99		76	\$14.26		93	\$19.53
43	\$4.03		60	\$9.30		77	\$14.57		94	\$19.84
44	\$4.34		61	\$9.61		78	\$14.88		95	\$20.15
45	\$4.65		62	\$9.92		79	\$15.19		96	\$20.46
46	\$4.96		63	\$10.23		80	\$15.50		97	\$20.77
47	\$5.27		64	\$10.54		81	\$15.81		98	\$21.08
									99	\$21.39
100	\$21.70		110	\$24.80		120	\$27.90		130	\$31.00
101	\$22.01		111	\$25.11		121	\$28.21		131	\$31.31
102	\$22.32		112	\$25.42		122	\$28.52		132	\$31.62
103	\$22.63		113	\$25.73		123	\$28.83		133	\$31.93
104	\$22.94		114	\$26.04		124	\$29.14		134	\$32.24
105	\$23.25		115	\$26.35		125	\$29.45		135	\$32.55
106	\$23.56		116	\$26.66		126	\$29.76		136	\$32.86
107	\$23.87		117	\$26.97		127	\$30.07		137	\$33.17
108	\$24.18		118	\$27.28		128	\$30.38		138	\$33.48
109	\$24.49		119	\$27.59		129	\$30.69		139	\$33.79
For round trips over 139 miles, do not subtract 30 from mileage. Use the tables as follows:										
Take total round trip mileage and break it into two parts:										
First part is the multiple of 100 miles -- 100, 200, 300, etc.										
Second part is the actual mileage left which not found in the table above.										
Use the table for 100 mile multiples (below) and entry for remainder portion (above).										
Example: 163 total miles round trip = 100 miles plus 63 miles -- \$31 + \$10.23 = \$41.23.										
Example: 302 total miles round trip = 200 miles plus 102 miles -- \$62 + \$22.32 = \$84.32.										
100	\$31.00		200	\$62.00		300	\$93.00		400	\$124.00

Prepared by Lois Mowry, Region V, 3/14/96

# NAWGJ

## Welcome to the world of judging!

The purpose of this brochure is to explain how to proceed in your endeavor to become a judge.

The National Association of Women's Gymnastic Judges works throughout the USA on the local, state, regional and national levels, servicing the gymnastics community and its judges. The goals of the NAWGJ are:

1. Teaching and training its members thereby promoting judging excellence.
2. Functioning as a service organization to the entire gymnastics community.
3. Disseminating judging information.
4. Assigning officials to competitions.
5. Promoting interest in the sport of gymnastics.

The NAWGJ is governed by state, regional and national directors.

## Steps

## To

## Becoming

## A

## Judge

(Refer to "Technical Handbook for coaches and Judges" for further details on ratings, pages 2-4.)

Judges must gain Levels 5/6 and 7/8 to be qualified to test Level 9. They must attain Level 9 before testing Level 10.

Study materials for the exam and rule books for judging include:

1. USAG Jr. Olympic Compulsory Routines for Women's Gymnastics (available from USAG Marketing).
2. FIG Code of Points (Optionals) from USAG Marketing.
3. FIG Supplement.
4. USAG Jr. Olympic Technical Handbook for Coaches and Judges.

Beginning judging clinics are administered periodically at the local levels.

## Certification

The certification of gymnastic Judges is administered by the Judges Certification Inc. A network of Tests Administrators (TA) is located throughout the nation and the examination is administered locally by the TA. The prospective judge may contact the State Judging Director (S.J.D.) to learn test dates and sites. The exam is administered at various levels: Level 5/6 (Compulsory), Level 7/8 (Optional), Level 9 (Optional) and Level 10 (Optional). As a new judge you may begin the program at either Level 5/6 or Level 7/8.

## Active Status Guidelines Clinic/Workshop and Designated Credit Guidelines

1. A judge must judge three meets per year.
  2. Within one year, a judge must receive 10 credit hours.
  3. Four (4) of these credits must be obtained at a clinic/workshop of higher level than local.
  4. Designations for credit are:
    - (C) Clinics, Workshops, Courses:
- ★ Designation of credits depends on level of the clinic/symposium.

### Examples:

- a. Clinic, Workshop or Course
- b. University Course
- c. USAG National Congress (Maximum 8 credits)
- d. NAWGJ National Symposium (Maximum 10 credits)
- e. USAG Elite and Brevet Course (Maximum 10 credits)

(P) Practical: A maximum of three (3) credits may be earned.

- a. Video/film practice judging
- b. "In gym" work with coach and gymnasts
- c. Practice judging
- d. Coaching

(V) Volunteer: A maximum of three (3) credits may be earned.

Work as a volunteer support person in competitions of higher level than the rating held.

- a. Scorer, Timer, Line Judge or STC
- b. Organizer of clinics.
- c. Officers of NAWGJ, USAG, Active Status Coordinator.
- d. Board members of NAWGJ or USAG

## Membership

Once you have successfully attained your judging rating you should join the following organizations:

### National Association of Women's Gymnastic Judges

Betty Sroufe, National Treasurer  
2096 Rolling Hills Blvd.  
Fairfield, OH 45014  
(513) 829-5671

### USA Gymnastics

201 South Capital, Suite 300  
Pan Am Plaza  
Indianapolis, IN 46225  
(317) 237-5050 or (800) 345-4719

Both organizations will keep you abreast of current information through a state and national newsletter and a national magazine.

The NAWGJ offers three different memberships:

**Associate Membership** for non-judges, coaches or parents of gymnasts.

**New Judge Membership** for a first year judge.

**Professional Membership** for experienced (more than one year) judges.

A membership application is included.  
For further information, contact your S.J.D.

USAG offers:  
Professional Membership for judges



# Second annual 'Nettie' awards presented in Miami

*The 'Nettie' or Network Awards are the NAWGJ version of the Oscars.*



*The happy winners of the Nettie awards*

*Standing left to right: Susan Monahan, WY; Robin Ruegg, MN; Carol Arnaut, OH; Hilary Carlson, IL; and Mary Ann West, IA; Kneeling: Robin Smith, MO; Toni Cupal, CA; Jan Pipkin, AR; and Winnie Witten, MI*

The second annual NAWGJ Network (Netties) Awards Ceremony took place at the State Judging Directors Workshop at the Eden Roc Hotel in Miami Beach, Florida on June 26. The Netties are presented annually to recognize outstanding achievements in networking and communications within NAWGJ. This year's award winners were:

**Best Interview** — California-North, Toni Cupal, SJD, *Interview with Joanne Pasquale* by Molly Watkins. **Best Use of Charts or Graphs** — Ohio, Carol Arnaut, SJD; Charts by Lois Mowery. **Best Humorous Article** — Wyoming, Michelle Wistisen, SJD, *Potty Talk* by Rose Fry. **Best Newsletter Layout and Design** — Illinois, Hilary Carlson, SJD; **Best Informational or Educational Article** — Illinois and Iowa, Hilary Carlson, SJD Illinois, Mary Ann West, SJD Iowa.

Two honorary Netties were presented to Winnie Witten of Michigan and Robin Ruegg of Minnesota for their many hours of hard work in the development of their computer programs that many judges across the country are using to prepare for certification.



National  
NAWGJ News

8660 New Carlisle Road  
New Carlisle, OH 45344

Coming in next issue:  
Judging Tips on the New Compulsory Routines  
by Tom Koll

